

# kara<sup>®</sup>

The Coconut Ingredients Specialist!



**AFRICAN**  
CHANNEL DISTRIBUTION



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## KARA, THE COCONUT SPECIALIST

Kara, derives from Kelapa Rakyat, means "the people's coconut" in Bahasa Indonesia.

Kara UHT Coconut Cream was first introduced in 1989 in Indonesia & Singapore as an answer to consumers' need for convenient and hygienic coconut product – an essential ingredient in many authentic Asian dishes.



As the Coconut Specialist, Kara takes pride in our product integrity by using carefully hand-picked fresh coconuts from our lush plantation in Sumatra, Indonesia.

Kara is involved from seeding right down to processing, which allows them to monitor product integrity closely and efficiently. These stringent controls help to ensure that only the finest quality Kara products with the natural flavour of fresh coconuts are being produced.

Being a true Coconut Specialist, Kara offers a wide selection of coconut products to suit different lifestyles and culinary needs. Kara's signature rich aroma and freshness contribute to the winning formula that has propelled Kara to become the market leader in Indonesia, Malaysia, and Singapore. Currently available in many parts of the world, Kara is helping homemakers and chefs far and wide to whip up a storm in their cookeries.



[kara-coconut.com](http://kara-coconut.com)





COCONUT CREAM	
	Kara Coconut Cream
	200 ml
	 8 886303 210207
	Case Barcode   88888170880183 Case Qty.   25 Case Config.   25 x 200 ml

COCONUT CREAM	
	Kara Coconut Cream
	500 ml
	 8 886303 210504
	Case Barcode   28886303210508 Case Qty.   12 Case Config.   12 x 500 ml

COCONUT CREAM	
	Kara Coconut Cream
	1 L
	 8 886303 211006
	Case Barcode   18886303211003 Case Qty.   12 Case Config.   12 x 1 L

COCONUT MILK	
	Kara Coconut Milk Classic
	200 ml
	 8 886303 210238
	Case Barcode   28886303210232 Case Qty.   25 Case Config.   25 x 200 ml

COCONUT MILK	
	Kara Coconut Milk Classic
	400 ml
	 8 886303 210542
	Case Barcode   18886303210549 Case Qty.   24 Case Config.   24 x 400 ml

COCONUT MILK	
	Kara Coconut Milk Classic
	1 L
	 8 886303 241003
	Case Barcode   18886303241000 Case Qty.   12 Case Config.   12 x 1 L



## COCONUT MILK



Kara  
Coconut Milk  
Light

200 ml



Case Barcode | 18997212611188  
Case Qty. | 25  
Case Config. | 25 x 200 ml

## MILK DRINK



Kara  
Coconut Milk  
Drink

1 l



Case Barcode | 18997212611058  
Case Qty. | 12  
Case Config. | 12 x 1 L

## COCONUT WATER



Kara  
Coconut Water

330 ml



Case Barcode | 18997212611003  
Case Qty. | 12  
Case Config. | 12 x 330 ml

## COCONUT WATER



Kara  
Coconut Water

1 L



Case Barcode | 18997212611010  
Case Qty. | 12  
Case Config. | 12 x 1 L



### COCONUT WATER IS NOT JUST WATER!

It contains the same major electrolytes as those in human body fluids, so it is ideal as low sugar hydration choice after a casual workout. A pack of 330ml coconut water has more potassium than a banana (660mg vs 422mg)!

